

BRAIN GYM

STRETCH, BREATHE, GROW WHILE HAVING FUN!

- Brain gym: coordination and dissociation of movements that promote focus and learning
- Build self-confidence
- Promote relaxation and emotion management
- Strengthen the body, flexibility and balance
- A moment of well-being and fun

PS-MS-GS:
MONDAY LUNCHTIME

CP-CE1-CE2:
FRIDAY LUNCHTIME

PRICE
€290







Yoga – Brain gym helps children get to know themselves better, reconnect and grow with more calm... all while having fun!

CONTACT :

PHONE :

Enrolment Form Yoga-Brain Gym Saint Pierre de Chaillot School 2026/2027

Please return the form by mail with payment to Carole Grilo by transfert

before 8/9. Classes start: 14/9.and 18/9 At : 14/6 et 18/6

Number of children maximum 12 minimum 6

Registration in order of arrival

Price: 290 euros. After receipt of the Enrolment form, a confirmation email will be sent to you.

Mr / Mrs:

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Phone:

.....

E-mail:

.....

Authorise(s) my son/daughter:

First name:

.....

Last name:

.....

In class of: ..... (year 2026-2027) to enrol in the Yoga-Brain Gym workshop.

Registration for the class:

☐ Mondays at lunchtime PS-MS-GS

☐ Fridays at lunchtime CP-CE1-CE2

Payment by transfert payable to:

MADAME CAROLE GRILO
36 RUE VITAL
75116 PARIS

IBAN (1)	FR76 3000 4029 3300 0006 6840 760				
BIC (2)	BNPAFRPPXXX				
RIB (3) :	Code banque	Code agence	Numéro de compte	Clé RIB	Agence de domiciliation
	30004	02933	00000668407	60	BNPPARB PARIS ARC DE TR (02933)

(1) International Bank Account Number (2) Bank Identifier Code (3) Relevé d'Identité Bancaire

As a hygiene measure a small gym, mat will be requested, and the child will leave it at school marked with his/her name.

All registrations are final and non-refundable after the start of the activity.

The: A: Signature: