



Classical Dance



Group of children: CP-CE1-CE2 Monday and CM1-CM2 Friday

Your child will discover this art through the practice of an adapted activity, with a fun and pictorial approach to each exercise. Work on arm carriage, round leg, pointé, retiré, pirouettes, cat jump, work on balance, suppleness and grace.

Classical dance allows your child to take control of his or her own body while coordinating it with the music.

Stretching, flexibility, breathing, posture, concentration, coordination: dance combines rigor and pleasure.

Finale: Dance Gala in June. This showcases a year of work, and develops a group spirit that enables children to choreograph the performance all together.